

Key Stage 4 PSHE & RSE Themes Autumn 2

(Please also refer to the DfE Guidelines which provide more information around each area of study -p.27-29 and p.20-22.)

	<u>Theme/ Topic Area</u>	
	<u>Year 10</u>	<u>Year 11</u>
<u>Week 1</u> 1-5 th Nov	Families and people who care for me. The characteristics of a healthy family life.	Families and different types of committed, stable relationships.
<u>Week 2</u> 8 th - 12 th Nov	Caring friendships; the characteristics of friendships, including mutual respect, kindness, trustworthiness etc. Ups and downs and how to recognise who to trust and who not to trust.	Friendships- characteristics of positive and healthy friendships in all contexts; including on-line. How friendships may change over time and how to manage this and how to seek help or advice from others if needed.
<u>Week 3</u> 15 th -19 th Nov	Anti-bullying Week https://anti-bullyingalliance.org.uk/anti-bullying-week/anti-bullying-week-2021-one-kind-word	Anti-bullying Week https://anti-bullyingalliance.org.uk/anti-bullying-week/anti-bullying-week-2021-one-kind-word
<u>Week 4</u> 22 nd -26 th Nov	Respectful relationships -What is respect? -Self respect -Conventions of courtesy and manners	Respect in school and the wider community. Tolerance of other people's beliefs, choices and preferences.
<u>Week 5</u> 29 th - 3 rd Dec	On-line relationships The differences between "real" life and on-line behaviours. On-line friendships and sources of information; who to trust and where to seek help if needed.	On-line relationships and safety ;to include data and information sharing. Viewing of harmful content and the implications and laws around this. What to do and where to get support to report material or manage issues online.
<u>Week 6</u> 6 th - 10 th Dec	Being Safe - Concept of privacy and boundaries for self and others in different relationships	Being safe - Consent

	<ul style="list-style-type: none"> - Appropriate and inappropriate behaviours and conduct 	<ul style="list-style-type: none"> - How to actively communicate and recognise consent from others, including how and when consent can be withdrawn (in all contexts, including online)
<u>Week 7</u> 13 th - 17 th Dec	Being Safe contd. -How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know -When and how to report feelings of being unsafe	Being safe cont. <ul style="list-style-type: none"> - The laws relating to consent and a range of contexts such as sexual consent, sexual exploitation, abuse, grooming, coercion etc.