

Key Stage 3 PSHE & RSE Topics for Autumn 1

	<u>Year 7</u>	<u>Year 8</u>	<u>Year 9</u>
C.M Project:	C/ S- 'School Days' T- 'Why do you love me so much'	C/S- 'Paws, Claws and Whiskers' T- 'Me and my Community'	C/S- 'Misty Mountain Sierra' T- Enchanted Woodland
Week 1	Expectations at Pinewood & Getting to know you.	Our daily routine- how things have changed and why? (school systems and procedures)	Our daily lives and how things have changed ; personally and for wider community.
Week 2	Getting to know you contd. & 'Change' .	How things have changed contd. (personally)- body changes/ mental changes.	Being part of a group <ul style="list-style-type: none"> • Welcoming and belonging • Teamwork • Happiness (mental health)
Week 3	Relationships: what is a good friend? <ul style="list-style-type: none"> • Happiness 	Empathy <ul style="list-style-type: none"> • Recognising feelings in others; body language. • Responding to different viewpoints • (Links to 'P, C & W': taking care of animals) 	Facing new challenges <ul style="list-style-type: none"> • Managing set-backs/perceived failures. • Raising concerns and helping friends in need
Week 4	Respect	Empathy <ul style="list-style-type: none"> • Resolving conflict • Being assertive 	Keeping Safe <ul style="list-style-type: none"> • Risk/hazard/danger: what are they? • How to stay safe (link to choices)
Week 5	Accepting difference	Emotions <ul style="list-style-type: none"> • Emotional barriers to learning 	Personal development <ul style="list-style-type: none"> • Making future plans • Recognise +ve things about themselves and their achievements • Aspirations- setting goals to help achieve personal goals.

Week 6	Identifying and managing feelings (mental health)	Resilience <ul style="list-style-type: none">Coping with disappointment	Personal development <ul style="list-style-type: none">Resilience and perseveranceDifferent viewpoints
Week 7	Resolving arguments/disagreements	Respect and celebrating each other's strengths.	Equality