

Social media: ChatHealth service provided by the Hertfordshire School Nursing team

Please help us to promote your school nurse's ChatHealth service by giving us a mention on your school's social media channels.

ChatHealth is a confidential text messaging service that enables parents and young people to contact their local public health nursing (school nursing) team.

By spreading the word about our ChatHealth service at your school, you can help us offer more choice of access and reach more young people in need of confidential health advice and support.

In the table below are examples of messages that can go out via your different social media accounts. We would really appreciate your support in spreading the word about this valuable service to your students. Our Hertfordshire School Nurse team have our own social media accounts and they are listed below and information on how to access them to follow. We are available in the school holidays too and the table below suggest prompts for you to remind your students key times when they may need more support e.g. the start of the new term and exam times.

Our School Nurse Twitter account is:# @HCT_SchoolNurse	General/Exam times	Did you know that you can text our school nurse? Send a message to 07480 635050 for confidential health advice and support. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS Follow Hertfordshire School Nursing on our Twitter pages: @HCT_SchoolNurse
	School holidays	Enjoy the school break! Our school nurse is still available for confidential health advice and support. Text 07480 635050 Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS
	New term	It's back to school time! Our school nurse is here to help pupils with confidential health advice and support. Text 07480 635050 Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS
YouTube video to promote the Chathealth service for School Nursing in Hertfordshire aimed at 11-19 year age group	General/Exam times	Did you know you can text your school nurse for confidential health advice and support? Text 07480 635050. Find out more: http://ow.ly/Am3130nYlkk Check out the YouTube link on here: https://www.youtube.com/watch?v=DBNm1bFcCE

	School holidays	Enjoy the school break! If you need confidential health advice and support, your school nurse is still available to text on 07480 635050 Find out more at http://ow.ly/Am3130nYlkk #ChatHealthNHS
	New term	Looking for health advice and support now you're back at school? Text your school nurse for 07480 635050. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS
Instagram hct_schoolnursing	General/Exam times	Did you know you can text your school nurse if you're worried about anything or need health advice? Text 07480 635050. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS Follow Hertfordshire School Nursing on our Instagram pages – hct_schoolnursing
	School holidays	School's out! Text your school nurse on 07480 635050 for confidential health advice and support over the holidays. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS
	New term	It's back to school! Don't forget your school nurse is here for confidential advice and support. Text 07480 635050. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS